

# Free Food for your Family



## SECOND HARVEST FOOD BANK of SANTA CLARA and SAN MATEO COUNTIES

*Providing food for people in need in our community.*

**WWW.SHFB.ORG**

**Does your family need food?  
Are your CalFresh benefits not enough?  
FAMILY HARVEST CAN HELP!!**

### How does it work?

- Family Harvest is a free food program for low-income families and grandparents raising children under 18 years old.
- Your family will receive approximately 100 pounds of groceries once a month. This includes items such as fresh fruit and vegetables, bread, canned goods, rice, beans, eggs, pasta and much more.

### How does my family qualify?

- You must live in Santa Clara or San Mateo County.
- You must have at least one child under the age of 18 living with you.
- YOUR MONTHLY GROSS INCOME MUST BE LESS THAN:

Household Size	Annual Income	Monthly Income	Bi-Weekly Income	Weekly Income
2	\$31,460	\$2,622	\$1,311	\$655
3	\$39,580	\$3,298	\$1,649	\$825
4	\$47,700	\$3,975	\$1,987	\$994
5	\$55,820	\$4,652	\$2,326	\$1,163
6	\$63,940	\$5,328	\$2,664	\$1,332
7	\$72,060	\$6,005	\$3,002	\$1,501
8	\$80,180	\$6,682	\$3,341	\$1,670
For each additional family member add	\$8,120	\$677	\$339	\$169

### How do I sign up my family ?

**Call 1-800-984-3663 to find a site near you.**

**Bring the following documents to register:**

- Photo ID
- Proof of monthly income of all persons living at home

### Food Pick Up

If you are not available, an adult family member, neighbor, friend, or personal aide may pick up your food with a permission slip.

### Other programs offer by SHFB (Call 1-800-984-3663)

Brown Bag (for Seniors), PIN, Produce Mobile, Kids Now, CalFresh Registration Assistance